



## SacredFire

Marie Josée Vermette & Dean Richards

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# SacredFire

## Concerts, Workshops & Retreats

*Healing Sounds & Rhythm \* Intuition \* Transformation \* Creativity*

*“Absolutely one of the most outstanding things I have ever experienced.  
Just something you’ll never forget.”*

*- Johnnie Walker, BBC Radio 2 Broadcaster*



Canadian Healing Artists, World Beat Musicians and Facilitators Marie Josée Vermette & Dean Richards (*SacredFire*) travel worldwide, offering *rebalancing sound & music medicine* for the body, heart, mind & soul. Their unique approach combines ecstatic voices and drums, guided meditation and sound healing techniques, to help attain a deep sense of peace and wellbeing.

Mj & Dean are highly recognized for their transformative performances and workshops at The Chopra Center's *Seduction of Spirit* retreats in the

USA and Canada (**featuring Dr. Deepak Chopra**), the Chopra Addiction & Wellness Center (BC, Canada) as well as their work in the UK and Europe.

### SACREDFIRE’S PURPOSE

SacredFire offers transformative, heart opening, empowering experiences to help participants:

- 🌀 calm the mind, release stress and feel deeply relaxed;
- 🌀 transcend limiting beliefs and increase confidence;
- 🌀 tap into their intuition;
- 🌀 acquire the ability to use and develop self-healing tools;
- 🌀 practice creative, transformative, self-expression;
- 🌀 stimulate healthy relationships with themselves and their environment;
- 🌀 increase conscious awareness;
- 🌀 build community.

*“Mj and Dean are gifted musicians who create a powerful, healing & transformational experience for us to connect to our deepest source.”*

*- davidji - Hay House Publishing Author and Radio host,  
Meditation Instructor & International Speaker*

## SACREDFIRE CONCERTS

MYSTICAL. INTERACTIVE. CREATIVE. INTUITIVE. HEALING. NURTURING. TRANSFORMATIVE.



SacredFire Music concerts are medicine for the soul. With grounding, soothing harmonies and tribal, trance rhythms, Mj & Dean take the participants on a magical journey to connect with life's abundant blessings.

The music is meaningful and profound, and helps create a sense of wholeness and well-being. We use musical expression as an empowering tool, to build pathways between humans and their True Nature; to unite us to our deepest, sacred fire - our ancestral inner wisdom.

Each concert is initiated with a guided relaxation, tailored to the needs of the listeners, and incorporates audience participation and improvisation. Along with conscious, loving intent, the blueprint of the energy present is sensed and intuitively interpreted, and rebalancing vibrations are subtly expressed through meditative trance drumming, toning, chanting and singing. This altered vibrational rate creates profoundly positive effects on body, mind & spirit.

The voice is used as the primary transformative tool. We also use a variety of drums, percussion, and other traditional and sound healing instruments to help restore, release tension and stimulate the immune system.

**Concert Costs\*** (different cost options are available depending on event)

☹️ Vary according to equipment rental costs, venue and number of attendees

\*May not include transportation & accommodation as well as sound system equipment rental

*“You were an A-M-A-Z-I-N-G team and created an awesome experience for our guests!!! Thank YOU!!!!!!”*

*- Gordon McGregor, Event Manager – The Chopra Center, CA*

## SACREDFIRE WORKSHOPS



SacredFire workshops offer tools to integrate the wisdom of intuitive sound healing, rhythm, song & movement with the emotional intelligence of the heart and the power of the mind.

The teachings are based on bodymind and music therapy techniques, energy medicine, meditation, sound massage, Taoism, Qigong, Ayurvedic precepts and sound healing shamanic practices from ancient worldwide traditions. Using creativity, imagination and inner wisdom, participants are invited to explore:

### 🌀 **Intuitive Sound Healing**

*Heal with Sounds - Learn - Experience - Transform*

Sound meditation, chanting, toning, soul singing, as well as sound healing tools such as singing bowls, rattles, rain sticks, drums, rocks, etc. Focused on conscious intention and mindful expression, participants are invited to explore shamanic sound healing techniques according to ancient worldwide traditions and trust their inner knowledge in expressing meaningful and sacred sound as medicine for the soul.

### 🌀 **Creative Drumming**

*Drum - Energize - Empower - Connect with your inner Fire*

The perfect Team Building Workshop. Participants learn basic drumming and percussion skills & use musical STORYTELLING to create a collective rhythmic piece. They learn easy improvisation techniques to create stories of healing and transformation, while developing leadership and communication skills.

### 🌀 **Voice as a transformational tool**

*Dare - Sing - Heal - Be Authentic - Be Divine*

Intuitive Sounding & Singing to support participants on their path to consciousness, prompting them to be in touch with their authentic self, while they develop their ability to improvise music through sounds, chants, songs and vocal rhythm, from an non-judgemental, open heart space.

### 🌀 **Sound & Movement Meditation**

*Stretch - Strengthen - Develop Body Awareness – Connect body, mind & spirit*

Self-healing and awareness through deep breathing, profoundly, relaxing & invigorating, conscious movements and sounds that connect body, mind and soul. Participants are invited to dance with the representation of the natural elements with live music from SacredFire.

**SacredFire workshops are tailored to the specific needs of each group**, organization and venue. They can be offered separately or blend components of different workshops to create unique workshops. Workshops usually include a SacredFire Music concert.

## FACILITATORS



**Marie Josée Vermette** (“MJ”) is a Sound Healer, Certified *Bodymind*, *Taoist Acupressure & Energy Therapy Practitioner* and Music Producer. The extensive experience MJ brings to her sessions as a skilled facilitator, vocalist and hand drummer allows her therapeutic expertise to blend with her intuitive abilities and artistic personality to support healing.

Drawing from a background of community & support work with people dealing with trauma, addiction, abuse, emotional, mental and physical challenges, MJ has developed chanting, drumming, musical journeys and self-expression workshops since 2004 as a unique tool to deliver vocal & rhythmic vibrational healing methods with a well-honed intuitive flair.



**Dean Richards** is a talented multi-instrumentalist, recording artist, music producer, sound engineer, videographer and photographer. For close to 30 years Dean has been performing music professionally, writing, recording and touring Canada, the UK and the USA. Brought up in the lush forest landscape of British Columbia, Canada, the influence of nature is always present in his work. His passion is creating music and visuals to connect with people at a profound, positive degree.

Since a very early age, Dean says he has always had an inner desire to know oneself at a deeper level and has studied many self awareness/improvement disciplines and the art of good communication. Dean shares his gifts through music in a way that clears, and leaves the audience filled with a revived, uplifted energy.

### A FEW PAST PERFORMANCES & WORKSHOPS BY SACREDFIRE

#### Worldwide Retreats - Concerts & Workshops

##### Maya Tulum Resort (Riviera Maya, Mexico)

(7 day retreat with davidji)  
Healing Sounds Workshop, Concerts &  
Live music for yoga

##### Europa Park (Rust, Germany)

5 day retreats with Magali Devi of Anahataflow  
Healing Sounds Workshop, Concert &  
Live music for yoga

##### Rimrock Resort Hotel (Banff, Alberta, Can.)

3 day retreat with Mandy Trapp of Urban Guru  
Healing Sounds Workshop, Concerts &  
Live music for yoga

##### La Costa Resort & Spa (Carlsbad, CA, USA)

5 day retreat with Deepak Chopra &  
The Chopra Center  
Healing Sounds Workshop, Concerts &  
Live music for yoga

##### Estancia La Jolla Hotel & Spa (San Diego, CA, USA)

5 day retreat with Deepak Chopra &  
The Chopra Center  
Healing Sounds Workshop, Concerts &  
Live music for yoga

##### The Chateau Fairmont Hotel(Whistler, BC, Can.)

5 day retreat with Deepak Chopra  
The Chopra Center  
Healing Sounds Workshop, Concerts &  
Live music for yoga

##### Gaunts House (Dorset, England, UK)

6 day UK Shamanic Conferences  
Live music & concerts

##### The Brew Creek Centre (Whistler, BC, Can.)

3 day retreat with Chopra Addiction & Wellness  
Center - Healing Sounds Workshop & Concert

#### National & International Events

##### Centre for Spiritual Living (Edmonton, AB, Can.) -

Healing Sounds Workshop & Concert

##### Seminarhaus Schonberg(Freiburg, Germany) -

Healing Sounds Workshop & Concert

##### Yogastudio Balance (Frankfurt, Germany) -

Live music for 5 Rhythms Dance Workshop

##### Bürgerhaus Bühl (Buhl-Baden, Germany) -

Healing Sounds Workshop & Concert

##### Yogastudio Baden-Baden(Baden-Baden, Germany) -

Meditative Concert

##### Rhein Ballettstudio Pia Scheiring (Ludwigshafen, Germany) -

Dance & Music Workshop

##### Zu Studios (Lewes, England, UK) -

Shamanic Concert

##### Fontmell Magna Yoga Sanctuary (Fontmell Magna, England, UK) -

Shamanic Sound Healing Concerts

##### The Healing Tree (Bude, England, UK) -

Healing Sounds Workshop

##### The River of Life Centre(Dorchester, England, UK) -

Meditative Concert

##### Whitespace Yoga (Milton Keynes, England, UK) -

Meditative Concert

##### The Avalon Room (Glastonbury, England, UK) -

Meditative Concert

##### Camino Center (Glastonbury, England, UK) -

Meditative Concert

#### Local Concerts & Workshops

##### Chopra Yoga (Vancouver, BC, Can.) -

Healing Sounds Workshop

##### Whistler Yoga Conference (Whistler, BC, Can.) -

Live Music for Yoga

##### Chopra Addiction & Wellness Centre (Squamish, BC, Can.) -

Weekly Healing Sounds Workshops

##### Just Dance (Vancouver, BC, Can.) -

Ecstatic Dancing & Live Healing Music

##### FDU Vancouver (Vancouver, BC, Can.) -

International Happiness Day & Peace Day Healing Sounds Workshop

##### Vancouver School of Bodywork and Massage (Vancouver, BC, Can.) -

Healing Sounds Workshop & Concert

##### St.Paul's Church (Vancouver, BC, Can.) -

Concert for World Peace

##### The Brew Creek Lodge (Whistler, BC, Can.) -

100th International Women's Day Celebration - Healing Sounds & Movement Workshop

##### OM Studio (Squamish, BC, Can.) -

Healing Sounds & Intuitive Drumming Workshops

##### The Yoga Studio (Squamish, BC, Can.) -

Healing Sounds Workshops & Concerts - Live music for yoga classes

##### The Crystal Gallery (Whistler, BC, Can.) -

Healing Sounds Workshop & Concert

##### Violet Quartz Wellness Studio (Squamish, BC, Can.) -

Sound & Movement Workshops

##### Moussi Montessori School (Squamish, BC, Can.) -

Team building Drumming Workshops & Celebrations

##### Just U Health & Wellness Trade Show (Squamish, BC, Can.) -

Interactive Concert

##### Alpen Loft Yoga Studio(Squamish, BC, Can.) -

Sound Healing Concert & Workshop